



Hospitality and Meal Program Weekly Shopping List

Know what it takes to serve over 300 each week?

Every week, our kitchen goes through hundreds of pounds of produce and dry goods. Here is a list of our current **weekly** needs:

- 50 lbs - Onions
- 50 lbs - Carrots
- 50 lbs - Celery
- 150 lbs - Potatoes
- 50 lbs - Cheese
- 20 lbs – Margarine
- 250 lbs - Any fruit (fresh or canned)
- 50 lbs - Lettuce (Romaine or Iceberg)
- 20 lbs - Mushrooms(any kind)
- 25 lbs - Tomatoes
- 25 lbs - Cucumbers
- 50 lbs - Ground beef
- 50 lbs – Pork (any type)
- 50 lbs – Chicken (any type)
- 50 lbs - Frozen vegetables
- 75 lbs – Coffee
- 50 lbs – Sugar
- 25 lbs - Canned tomato sauce
- 75 lbs - Canned Beans
- 50 lbs – Pasta
- 100 litres - Milk or Coffee Cream

For more info contact call 604-681-8365.